



## **Seminar Agenda**

<b>Activity</b>	<b>Time</b>	<b>Location</b>	<b>Presenter</b>
Registration/Group Assignments	8:00 a.m. - 8:50 a.m.	Auditorium Lobby	
Welcome to Marion County	8:50 a.m. - 8:55 a.m.	Auditorium	Marion County Schools
Welcome & Introductions	8:55 a.m. - 9:00 a.m.	Auditorium	FHSAA Staff
Opening Keynote Address	9:00 a.m. - 9:45 a.m.	Auditorium	Anthony Davis
Icebreaker	9:45 a.m. - 9:55 a.m.	Auditorium	FHSAA Staff
Classroom Session 1	10:00 a.m. - 10:45 a.m.	Building 5 Rooms 105, 107, 108, 109	FHSAA Staff
Classroom Session 2	10:50 a.m. - 11:35 a.m.	Building 5 Rooms 105, 107, 108, 109	FHSAA Staff
Lunch	11:40 a.m. - 12:25 p.m.	Cafeteria	
Classroom Session 3	12:30 p.m. - 1:15 p.m.	Building 5 Rooms 105, 107, 108, 109	FHSAA Staff
Classroom Session 4	1:20 p.m. - 2:05 p.m.	Building 5 Rooms 105, 107, 108, 109	FHSAA Staff
General Session	2:10 p.m. - 2:25 p.m.	Auditorium	Special Olympics
Closing Keynote Address	2:25 p.m. - 2:55 p.m.	Auditorium	Dr. Amanda Alexander
Final Thoughts & Dismissal	2:55 p.m. - 3:00 p.m.	Auditorium	FHSAA Staff

## **Conference Logistics**

- Students will be assigned to a group upon their arrival at registration
- These groups will contain no more than 25 students and be led by a local school representative
- Groups will rotate between sessions based on their group assignment
- Classroom Sessions will be 45 minutes long



## **SESSION DESCRIPTIONS**

### **Keynote Addresses**

Opening Keynote Address: I Am Going to Make It. Anthony's inspiring and compelling personal story; having to grow up in a homeless shelter to becoming the first person in his family to receive a high school diploma and a first-generation college graduate. *Presentation led by Anthony J. Davis, Motivational Speaker*

Closing Keynote Address: Sport and Performance Psychology. Reaching your full potential for growth and peak performance can be an exciting and rewarding journey. Sometimes we find ourselves confronted with blocks and barriers that limit our capacity and growth. Performance psychology can help you identify ways to excel and expand your potential. *Presentation led by Dr. Amanda Alexander, Sport Psychologist*

### **Classroom Sessions**

Digital Identity: How to Build Your Personal Brand. With colleges and job markets using social media to gain insight on potential applicants, how can one create a positive image on social media? In this presentation, students will learn how to use social media to their advantage and create a digital identity they can be proud of.

Student-Athlete Panel: FHSAA Hot Topics. A roundtable discussion where students from across the state can learn about what's trending within the Florida High School Athletic Association from the point of view from FHSAA administration and members of the student advisory committee.

Goal Setting. This presentation will teach students how to create meaningful and obtainable goals. With a competitive environment for colleges and employment, how can you create goals that will help you stand out amongst the crowd?

Officials Field Clinic. Do you have what it takes to be an official? Students will have a chance to learn how to make calls and the skills it takes to be a high school official.

### **General Session**

Unified Sports. Team sports bring people together. Special Olympics promotes social inclusion through shared sports training and competition. How will you be champion today? *Presentation led by Special Olympics Florida*